



**The meeting of NORDPLUS ADULT project „Feel Better with a Book: Reading for Wellbeing in Old Age“**

**PROGRAMME**

**NOVEMBER 14-20, 2016**

**VILNIUS, LITHUANIA**

**Monday, NOVEMBER 14:**

Arriving to Vilnius, accommodation in Ecotel Hotel, Slucko str. 8, Vilnius, phone +370 5 2102700, <http://www.ecotel.lt/>

18.00 Meeting in the hotel lobby

18.30 Dinner

**Tuesday, NOVEMBER 15**

9.00 Meeting in the hotel lobby.

10.00 Visit to the Centre for Civil Education (Office of the President of the Republic of Lithuania).

11.30 – 12. 30 Visit to the Social center „Home of St. Cross“, Daukanto sq. 1, Vilnius. Presentation of social center’s activities for seniors.

12.30 – 13. 30 Lunch

14.00 - 17.00 Visit at Fabijoniškės social services center, S. Stanevičiaus str. 57, Vilnius.

18.00 – Dinner

**Wednesday, NOVEMBER 16**

10. 00 Meeting in the hotel lobby.

10.30 - 12.00 Visit at the Order of Malta Relief Organization in Lithuania, Gedimino pr. 56b, Vilnius. Presentation of organization’s activities for seniors.

12.00-13.00 – Lunch

13.00 - 15.30 Visit to National Library of Lithuania. Presentation of programs for adults and seniors.

16.00 – 17.30 Visit to Lithuania pensioners’ union „Bočiai“ Vilnius Community, Kaštonų 3, Vilnius.

18.00 – Dinner.

## **Thursday, NOVEMBER 17**

9 Meeting in the hotel lobby.

10.00 – Visit to Vilnius Municipality Central Library's Naujoji Vilnia branch library, Gerovės st. 1 Vilnius. Bibliotherapy workshop.

13.00 -14.00 Lunch

14.00 – 15.00 Presentation of bibliotherapy program for adults, presentation of project „An Island of Frankness in a library “ (psychologists Veronika Mudėnaitė – Savickienė and Raminta Seniūnaitė).

16.00 – 17.00 Presentation of Naujoji Vilnia Library's projects and activities for adults and seniors. Discussions about bibliotherapy methods.

18.00 Dinner

## **NOVEMBER 18**

9.00 – Meeting in the hotel lobby.

10-12.00 Visit to Vilnius Medardas Čobotas Third Age University, Pamėnkalnio g. 15.

12.00-13.00 Lunch

13.00-15.00 Vilnius Old City tour.

15.30 -16.30 Meeting at Vilnius City Municipality Central Library. Presentation of Library's activities and programs for seniors. Project discussions.

16.30 – 17.30 Presentation “EPALE – Electronic Platform for Adult Learning in Europe”. Laima Lapinienė, EPAL ekspert.

18.00 Dinner

## **NOVEMBER 19**

9.30 – Meeting in hotel lobby. Departure to Druskininkai.

11.00 -12.00 Visit to Druskininkai Public Library, V. Kudirkos str. 13, Druskininkai

12.30-13.30 Lunch

14.00 – 16.00 Visit to Grūtas Park – museum of Soviet sculptures. Presentation of educational programs: [http://grutoparkas.lt/en\\_US/about-us/](http://grutoparkas.lt/en_US/about-us/)

18.00 Dinner

## **NOVEMBER 20**

Meeting evaluation discussion. Departure