



**Project „Feel Better with a Book: Reading for Wellbeing in Old Age“**

**PROGRAMME**

**MAY 15-21, 2017**

**VENTSPILS, LATVIA**

**Monday, May 15**

All day – Arrival in Ventspils

Check-in to Ventspils University College Student Hotel (Inženieru iela 101) (Please note, since this is a student hotel, there are no means of entertainment in the rooms aside from wi-fi, so please take your books, laptops, phones or other means of spending time after the work ☺).

Around the corner from the bus station you can catch minibus No. 22 which takes you to the hotel else, it is about 20-30minutes of walk to the hotel from bus station, or there are always taxis in the bus station.

19:00 – Dinner

**Tuesday, May 16**

9:30 Meeting in the hotel lobby and going to the Ventspils Main Library (Akmeņu iela 2)

10:00 – 11:30 Ventspils Main Library – Meeting with Municipality and Social Service representatives

11:30 – 13:00 Tour around Ventspils Main Library, observing activities of the Regional Learning Centre

13:00 – 14:00 Lunch

14:00 – 15:00 Ventspils Main Library – presentation about the library and its activities

15:00 – 17:00 Tour around Ventspils with guide

17:00 – 17:30 Observing volunteer activities at Ventspils Main Library

19:00 - Dinner

**Wednesday, May 17**

10:00 Meeting in the hotel lobby and going to Gāliņciems Library

11:00 – 13:00 Visit to Gāliņciems library, presentation about library services, observing library activities in social care house “Selga”

13:00 – 14:00 Lunch

14:30 – 15:30 Visit to Ventspils University College library, presentation about student involvement in voluntary work with seniors, learning activities for seniors

15:30 – 16:30 Tour around Ventspils University College

18:00 – Dinner

### **Thursday, May 18**

10:00 Meeting in the hotel lobby, going to Ventspils Library external service point at Ventspils Hospital

10:30 – 11:30 Presentation about external service point activities, observing activities in the hospital

11:30 – 12:30 Pensioner Union “Ventspils Liedags”

12:30 – 13:30 Lunch

13:45 – 15:45 Tour around Pārventa library, presentation about activities

16:00 – 17:00 Observing graduation of seniors from Regional Learning Centre

19:00 Dinner

### **Friday, May 19**

10:00 Meeting in the hotel lobby, going to Social Care house for Children “Cimdiņš”

10:30 – 11:30 Social Care House for Children “Cimdiņš”

11:45 – 13:00 Livonian Order Castle

13:00 – 14:00 Lunch

14:00 – 16:00 Ventspils Open-air Museum

18:00 Dinner

### **Saturday, May 20**

10:00 Meeting in the hotel lobby, going to Kuldīga (town 50km away from Ventspils)

11:00 – 13:00 Guided tour around Kuldīga

13:00 – 14:00 Lunch

14:00 – 15:30 Kuldīga Library

16:30 Return to Ventspils

18:00 Dinner

**Sunday, May 21** Departure from Ventspils