

**The Meeting of NordPlus Project „Feel better with a book: reading for wellbeing in old age“
in Pärnu
September 5th – September 11th 2016**

Monday, September 5

Arriving to Pärnu, accommodation in **Villa Artis**, (<http://www.reiser.ee/?lang=en>), A. Adamsoni street 1, Pärnu, phone: 44 71 480

17.45 – meeting in the hotel lobby

18.00 – dinner at **MUM Cafe** (Pühavaimu street, 15) (https://www.facebook.com/MUM-Cafe-1542458902645545/about/?entry_point=page_nav_about_item&tab=overview)

Tuesday, September 6

8.00 – 9.30 Breakfast at the hotel

10.00 – Meeting in **Pärnu Central Library** (www.pkr.ee) Akadeemia street 3. Welcome speeches from the representatives of Pärnu City government

Tour in the library and then discussions about the project

12.00-13.00 Lunch at the **library**

13.00 – 16.15. Meeting and discussion continue at the Pärnu Central Library

18.00 – Dinner at **Hea Maa** (Nikolai str 3/Uus str 4) (<http://www.heamaa.ee/>)

Wednesday, September 7

8.00 – 9.15 Breakfast at the hotel

9.30 – Meeting in the hotel lobby

10.00 – Tour and discussions in **Tammiste Elderly Care Home**.

12.00 – 13.00 Lunch at **Tammiste Elderly Care Home**

13.00 – 13.45 The activities with elderly people according to the project

14.00 – 15.15 visit to **Pärnu Lasteküla**

15.30 – 16.15 visit to **Pärnu Elderly Care Centre**

16.30 – 17.00 visit to **Ranna Library**

18.00 – Dinner at **Cafe Peadello** (Shopping centre Kaubamajakas)

Thursday, September 8

8.00 – 9.15 Breakfast at the hotel

9.30 – meeting in the hotel lobby, walk to **University of Tartu Pärnu College**

10.00 – Tour and discussion at **University of Tartu Pärnu College** (<http://www.pc.ut.ee/en>) Ringi str 35

12.00 – 12.45 Lunch at Tartu Pärnu College

13.00 – 15.00 – Discussion about senior activities at the library of Pärnu College

15.15 – 17.00 – visiting **Pärnu City Art Gallery and the Museum of New Art**

18.00 – Dinner at **Pärnu Yacht Club Restaurant**
(http://www.jahtklubi.ee/index.php?id=115&no_cache=1&L=1) Lootsi street 6

Friday, September 9

8.00 – 9.30 Breakfast at the hotel

10.00 – meeting at **Pärnu Central Library**

10.00 – Discussions about the project and the future meetings

12.00 – 13.00 Lunch at **Pärnu Central Library**

14.00 – 17.00 Reading habits and activities with seniors in **Surju and Paikuse libraries**

18.00 – **Dinner at Aleksandri Pub** (<http://aleksandripub.ee/>) Vana-Rääma str. 8

Saturday, September 10

8.00 – 8.45 breakfast at the hotel

9.00 – The bus is waiting us in front of the hotel and we are going to the tour in Viljandi

10.30 – we're visiting the **library of Viljandi**

11.00 – 13.00 City tour

13.00 – 14.00 lunch

14.00 – 17.00 sightseeings in Viljandi county

19.00 – Final dinner at **Georgian Restaurant Kolhethi** (<https://www.facebook.com/kolhethi/info>),
Kuninga street 36

Sunday, September 11

8.00 – 10.00 Breakfast at the hotel

Departure :(

Some times and places may change.

I answer gladly to all your questions :)

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Welcome to Pärnu!